



CHANGING LIVES SINCE 1992

www.trails.ca | admin@trails.ca | 905-836-0100 | Charitable # 13505 0755 RR0001



REMARKS FROM JIM “HURST” HAYHURST

Co-Founder and Chair

Trails is now 26 years old. Over 500 kids have gone through the programme and we are now enrolling twice as many youth. The impact is so, so profound, that I constantly worry, “How do we keep it going?” If the real estate mantra is location, location, location, then Trails’ mantra is donation, donation, donation.

We have been so fortunate to have long-term consistent donors and we have recently been the beneficiaries in our supporters’ Wills. But money is a day-after-day concern.

Because our participants’ families have neither an understanding of how to cope with issues such as a son with cancer or the financial capacity to get help, our ever-vigilant staff recognizes the problems, and to date we have always been able to assist with both the process and the money.

If you are receiving this message you have probably donated. I hope you can visualize the 124 kids and the smile we get on your behalf. If you would like more than a virtual Hug and Smile, come and visit us and watch the kids grow.

If there is one word that parents say when their son or daughter graduates after four years at Trails, it is that we gave them **hope!** And you made that possible with your donations.

Thank you,
Hurst

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BRAD 2008



BRAD 2018

A CONSTANT PRESENCE MAKES ALL THE DIFFERENCE

"Trails has been the one thing that has always been there for me... I want to thank you for all you have done. It is far more than you know."

Brad Cosburn joined Trails the summer before he started Grade 7 at Milne Valley Middle School in Toronto. His mom died right before he came to Trails and his Aunt TT, was raising him and his sister. Brad's cohort, known as the Moonlight Howlers, committed to attend Trails for two weeks each summer and one weekend each month, for the next four years.

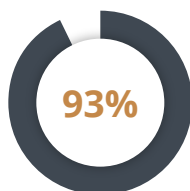
Throughout Brad's journey, he learned to swim, canoe, camp, hike and cross-country ski while gaining important life skills such as taking responsibility for his actions, communicating effectively and managing stress. Brad relied on his committed and consistent staff team who immediately saw past his challenges of low social awareness and low self-regulation and highlighted the energy, enthusiasm and ambition that he was recruited for. Unfortunately, while Brad was on his Year 2 trip the following summer, Aunt TT went into critical condition and ultimately lost her battle to cancer. Brad was forced into foster care and changed homes five times before being adopted into a stable home. Throughout his darkest days, Brad says Trails was the one thing that was always there for him. Brad completed the Four Seasons, Four Years, For Life programme and continued to be an LIT in his fifth year, mentoring younger Trails participants and giving back to his community.

Now 21, Corporal Brad Cosburn is studying Fish and Wildlife Technology at Fleming College with support from Trails Dion Bursary Fund covering his annual tuition and book expenses. In addition, he is part of the Canadian Armed Forces and is currently serving in Norway. Through outdoor skill development, high school credits, mentorship, bursaries and, above all, a constant presence in his life, Trails challenged and equipped Brad to become a contributing member of his community.

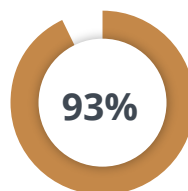
4 SEASONS | 4 YEARS | 4 LIFE



of our participants
graduate high school



of our participants stay
in the program from
Year 1 to Year 5




of our participants
say Trails
increased their
confidence




students enrolled in
post-secondary school are
currently supported
financially through Trails
Dion Bursary Fund

2018 IN REVIEW FINANCIAL DATA

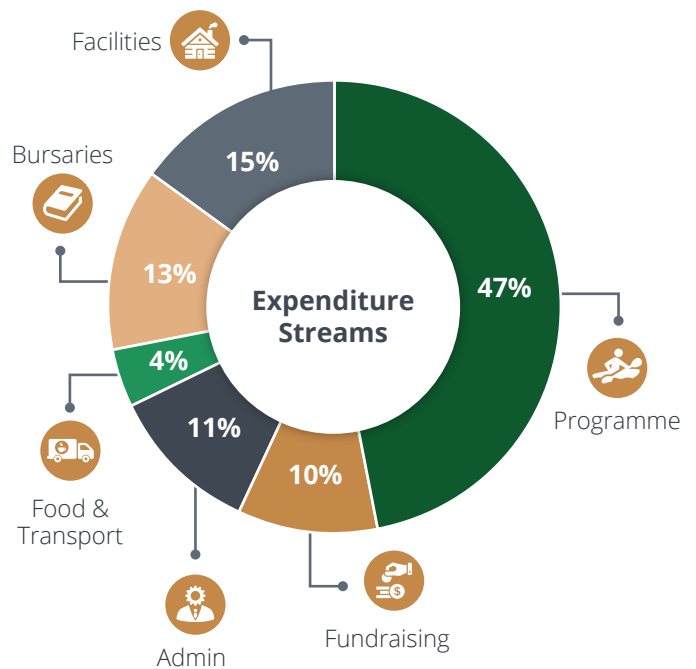
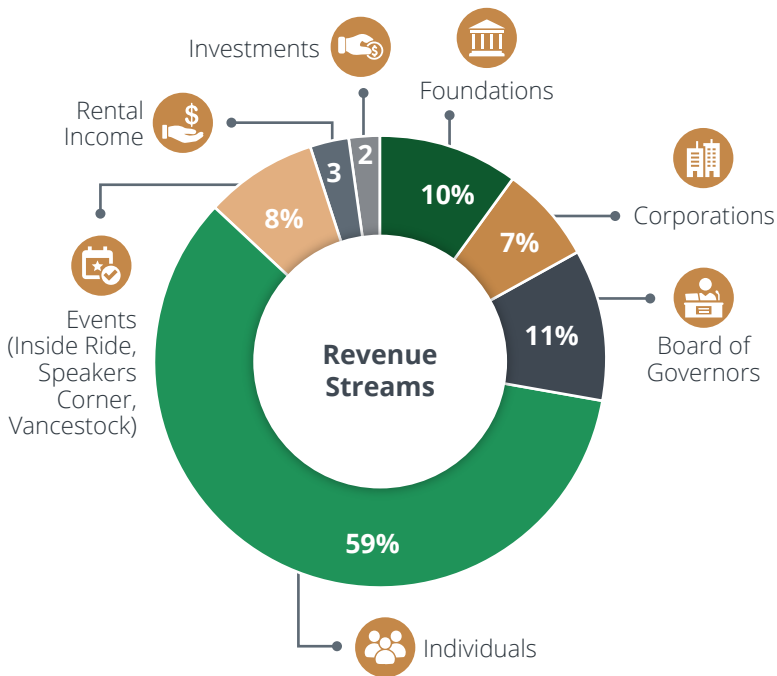


Revenue
\$2,358,489



Expenses
\$1,172,930

This surplus of revenue over expenses reflects dramatically increased fundraising efforts. It is a strong indication of Trails ongoing ability to finance the doubling number of participants (from 88 in 2017 to 176 by 2022), and building the new sleeping cabin required.



IMPACT DAY VOLUNTEER GROUPS

Ace Sports Clinic
Junior League Toronto
Desjardins
Duff and Phelps

Intact Insurance
Loyalty One
Mackenzie Investments
Telus

Turner Construction
Scotiabank
Sperro



THANK YOU FOR INVESTING IN TRAILS

We are proud to work with our generous supporters who are inspired by our mission and driven to make a lasting impact. Trails relies 100% on voluntary donations.

List of Donors

\$1,000+

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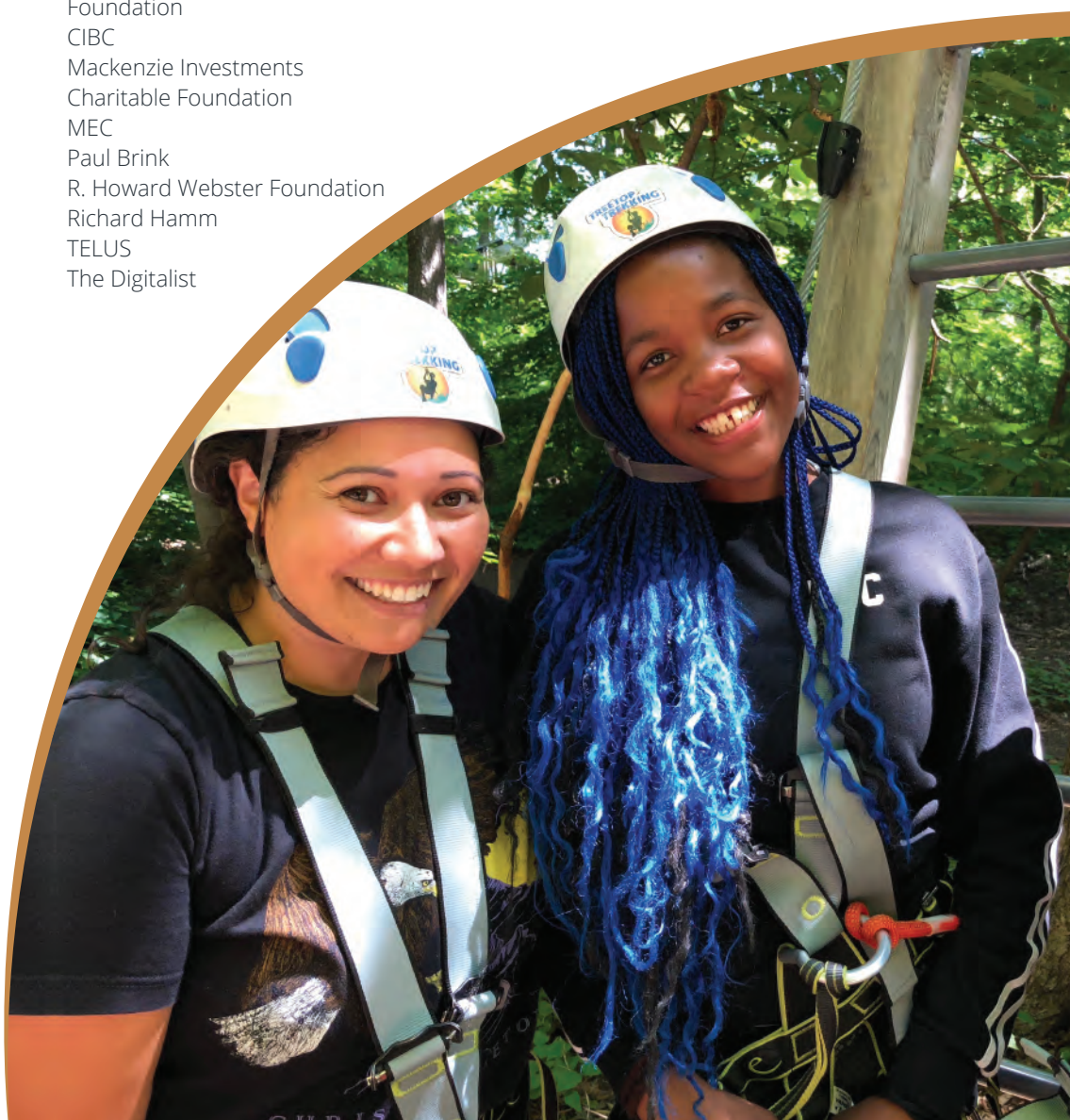
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IN 2018, TRAILS HAD 110 PARTICIPANTS IN OUR FOUR-YEAR PROGRAMME AND AN ADDITIONAL **14 IN THE LIT AND FIT PROGRAMMES**

I have learned that instead of only helping myself, I have to help others. I can take this home and help out my family with things like cooking and cleaning. I can take it into my community and help others in need."

Malena – Year 1: Phoenix Force

"I learned that I am very hot-headed when things tend not to go my way, I shut down. Trails taught me non-violent communication and goal-setting. I now take time alone and calm down and have less negative thoughts and am just better in general."

Kyanna – Year 2: Flaming 6 City

"Trails has given me the effective resources I need to become a better leader. By learning how to communicate (using I-statements) and practicing patience, I have been able to communicate well with my fellow classmates and at home."

Shekinah – Year 2: Flying Fox Nation

"During our canoe trip, I learned that if you work hard, you can achieve anything. One of the most important things I've learned is to maintain a positive attitude towards anything you do because than everyone picks up on your positive energy."

Kiara – Year 3: Night Wolves

"I have learned leadership which has helped me in school because now I feel confident to take the lead in group projects and in sports."

Menelik – Year 4: Windseekers

"I have realized my potential to become a leader as a result of Trails. Whenever I am involved in the community or participating in a collaborative effort, I can apply this confidence to allow my potential as a leader to truly shine."

LIT - Year 5: Legendary Blazing Pegasus

