

Organization Overview

Name	Trails Youth Initiatives, Inc.
Genome	Youth Development

Program Overview

Program Name	Four Seasons, Four Years, For Life
Program Type	Direct Service
Beneficiary Type	Individuals
Budget	\$1,147,220 CAD

Description

The "Four Seasons, Four Years, For Life" program supports youth through experiential learning, skill development, high school credits, bursaries and mentorship. Our mission is to challenge and equip vulnerable youth to become contributing members of the community. Through our program, they are setting and reaching new goals – goals that include graduating from high school, enrolling in post-secondary education and obtaining meaningful employment.

Program Logistics

Location:	Canada (Ontario)
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Key Demographics

Core Beneficiary Group:	This program primarily serves vulnerable youth, ages 12-16 from at-risk neighbourhoods in Toronto who face barriers including low income, recent immigrant families, low physical and mental health and lack of family support.
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Age	
Early Adolescents (age 10-14 or middle grades)	75%
Adolescents (age 15-18 or high school grades)	25%

Sex	
Male	50%
Female	50%

Additional Characteristics	
Individuals with Mental Health Condition(s)	45%
Low-Income or Economically Disadvantaged (i.e. At or below the federal poverty level; eligible to receive free or reduced lunch, etc.)	100%
Newcomers, Immigrants, and/or Refugees	20%
Single / Lone Parents	70%

Mission Measurement Insight

The Four Seasons, Four Years, For Life program at Trails Youth Initiatives engages in rigorous pre/post data collection assessing participant satisfaction and progress on some aspects of the selected outcome. Future reporting could be further improved by more explicitly assessing student progress related to Social and Emotional Skills outcome criteria. Additionally, the program demonstrates a cost-per-outcome above sector benchmark, though this is likely due to the high intensity of programming.

Outcomes

Primary Outcome: Social and Emotional Skills

This outcome is satisfied if an individual has attained all of the following within the past year:

- A positive identity / behavior including self-awareness, emotion and behavior management and self-confidence
- Positive connections including connections with peers, adults and community
- Interpersonal skills including communication and collaboration skills, problem-solving and conflict resolution skills, leadership skills and cultural sensitivity skills

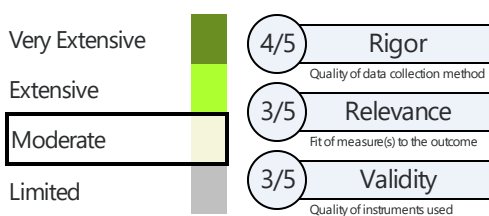
Secondary Outcome(s): Improved Academic Skills, Civic Engagement, Independent Living Skills, Reduce Risky Behavior, Attendance and Persistence in School

Self-Reported Data

100% Efficacy Rate % of beneficiaries achieving a positive outcome	156 Program Reach # of beneficiaries served	156 Actual Outcomes Total # of beneficiaries achieving a positive outcome	\$7,353 Cost per Outcome Budget / Actual Outcomes
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Supporting Evidence

Mission Measurement Assessment:



Overall assessment, based on rigor, relevance, and validity of evidence provided

Nonprofit's description of their evidence:

Trails uses a number of evaluation tools to calculate the program's efficacy, including: student-based program evaluations twice per year, facilitator observations and conversations with participants, a culminating project completed by the graduating cohort in which they reflect on and communicate their growth from the time of the start of the program, anecdotal evidence from parents/community.

Genomic Analysis

Most Emphasized Activities ("Genes") in this Program

1. Utilize robust adult mentoring offerings
2. Provide retention services
3. Provide safe out-of-school environment
4. Promote awareness of / respect for diversity
5. Cultivate ability to understand / work with multiple perspectives

Program Intensity

Dosage	Frequency	Duration
Other	2-11 times per year	Other

Participants come for two weeks in the summer and one weekend (Friday evening - Sunday midday) a month from October to May. They stay in the program for four years, with an optional additional 5th and 6th year. This has shifted due to COVID-19 with day programs in place of residential programs.

Sector Benchmark Data

Program Name	Efficacy Rate	Cost Per Outcome
Four Seasons, Four Years, For Life	100%	\$7,353
Impact Genome Benchmark* for this Outcome	77% - 86%	\$1,336 - \$2,555

*The average Efficacy Rate and Cost Per Outcome of all programs in the Impact Genome database that target this same outcome.