



# IMPACT REPORT 2025



Four Seasons, Four Years, For Life



# OUR GRATITUDE

As I look back on 2025, I'm filled with gratitude and pride for what our Trails community has achieved together. This year, we deepened our impact with the youth we serve, strengthened our programs, and continued to build a culture rooted in belonging, resilience, and opportunity.

Each skill gained, friendship formed, and moment of confidence reflects the dedication of our staff, volunteers, donors, and partners who believe in the power of outdoor education and long-term mentorship.

Through your support, Trails continues to be a place where young people feel seen, supported, and capable of achieving more than they imagined.

Thank you for being part of this journey.

Mel Millward, President

*"Trails didn't just shape me. It gave me the tools to keep growing. And the voice to help others do the same."*

ALISHA CATER, TRAILS ALUM AND  
2025 HURST LEGACY AWARD RECIPIENT



99%

of Trails alumni graduate from high school compared to 55% of their peers

92%

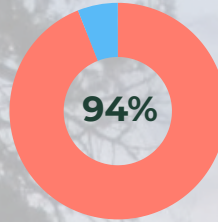
of Trails alumni enrol in post-secondary education, compared to 45% of their peers

89%

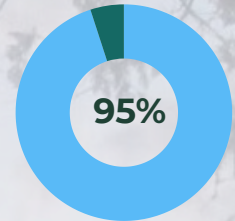
of participants say that Trails helps them be successful at school

# YOUR IMPACT IN NUMBERS

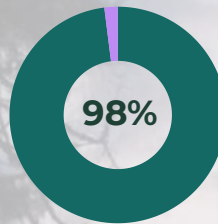
- **156** participants in Years 1 to 4 and LIT spent **520** hours in program with **14,064** home-cooked meals served this year
- **40%** of program staff are Trails alumni who return to give back to the next generation of youth
- **400** Trails alumni received support through the For Life program
- **75** alumni received the Trails Scholarship for post-secondary education, totalling over **\$300,000** in funds disbursed



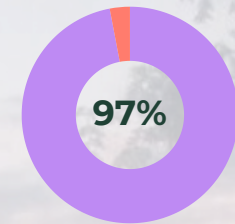
participants report improved leadership skills & responsibility



participants report improved self-confidence



participants report improved collaboration & initiation skills



participants report improved physical well-being

## HIGHLIGHTS OF THE YEAR

### Four Seasons, Four Years

Youth connected with nature and friends, building confidence and resilience for one weekend a month and two weeks this summer, experiencing four seasons of outdoor adventure.

### Generosity

Donors and partners generously donated through events and campaigns to raise over \$300,000 and ensure every youth is supported at Trails.

### Staff Training

Our dedicated team came together before the summer and again in September to train, plan, and gear up for another unforgettable year.

### Scholarships

10 Trails alumni graduated from their post-secondary programs this spring with the help of a Trails Scholarship.

### Celebrations

We gathered to reflect, share gratitude, and celebrate with 150 family members at Holiday Celebration and to recognize the achievements of our 30 Year 4 and LIT graduates in June.

### Volunteers

Over 250 volunteers and partners rolled up their sleeves to partner with alumni in For Life, at events and at Impact Days where they made Trails shine for the seasons ahead.

### Mentorship

Group mentorship engaged over 50 alumni, guiding Grade 11 & 12s through shared experiences and support to complete high school and pursue post-secondary education.

### Leadership Development

Emerging leaders deepened their skills, ready to guide and inspire younger Trails participants, at Trails' northern campus, Limberlost Forest & Wildlife Reserve.

*"Thanks to Trails, I am more physically active, more brave, and feel more comfortable going out of my comfort zone."*

-FOREVER YOUNG (YEAR 2) PARTICIPANT





# THANK YOU

We look forward to partnering with you again in the year ahead!

Contact Us:

15599 Warden Avenue Stouffville, Ontario L4A 2M9

E: [admin@trails.ca](mailto:admin@trails.ca) - Office: 905-836-0285 - Program: 905-836-0100

 [www.trails.ca](http://www.trails.ca)

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